



The MECCA Group, LLC.



Life can be stressful. Being an executive is demanding.
Managing employees is hard. Supporting others is challenging.

***We get it. You need support to maintain
a productive, cooperative work
environment so that your staff can
Live Fully.***

About The MECCA Group

Founded in 2006, The MECCA Group is comprised of a clinically and culturally diverse team of professionals who provide comprehensive psychological, rehabilitative, and educational services for children, adolescents, young adults, and their support systems in the Washington, DC Metropolitan area. Our dedicated team consists of psychologists, social workers, counselors, behavior analysts, speech-language pathologists, occupational therapists, vocational specialists, and special educators. All professional team members have extensive knowledge and experience in providing evidence-based practices as well as comprehensive holistic care to help all clients reach their highest potential and to live fully. The partners of The MECCA Group are Mercedes E. Ebanks, PhD and Keisha L. Mack, PhD.

What We Offer

At MECCA, our services are vast. We provide, counseling, training, assessment and consulting services. With a highly personalized approach, we tailor our services to meet your needs and help your organization to reach its goal to live life fully.

NAICS Codes

541611 / Administrative Management and General Management Consulting Services
561499 / All other Business Support Services
611430 / Professional and Management Development Training
611710 / Educational Support Services
621112 / Offices of Physicians, Mental Health Specialists
621330 / Offices of Mental Health Practitioners (except Physicians)
621420 / Outpatient Mental Health and Substance Abuse Centers
624190 / Other Individual and Family Services

Core Competencies

MENTAL & REHABILITATIVE HEALTH AND WELLNESS

- » Psychological testing and assessment
- » Stress management
- » Conflict resolution
- » Behavior management
- » School based mental health
- » Mood disorders
- » Anxiety disorders
- » Trauma informed care
- » Special education and neurodiversity
- » Clinical supervision
- » Speech language
- » Occupational therapy
- » Applied Behavior Analysis (ABA)

PROFESSIONAL SERVICES

- » Customized mental and emotional wellness programs
- » Professional development and training
- » Executive coaching and development
- » Career development
- » Diversity Equity and Inclusion (DEI)
- » Program design and evaluation
- » Program / Project management
- » Consultant / Advisory services

Key Differentiators

- » Licensed and registered expert clinicians and facilitators
- » PsychPact
- » Culturally competent and diverse clinical team
- » Spanish speaking
- » Evidenced based practices
- » Experts in special education and IDEA

Certifications

DUNS / 827032819
CAGE Code / 8AE48
DC CBE Certification / LS47714112022
MD SBR Certification / SB12-19370
UEI / UNNDMFE3L9V1

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Key Successes

OFFICE OF THE STATE SUPERINTENDENT (OSSE)

- Problem:** The Office of the State Superintendent needed professional services related to development and training centered around positive and equitable school experiences for large, diverse groups of educators.
- Solution:** Provided highly qualified experts to provide training sessions and formal recommendations to a large and diverse group of educators around race, micro-aggressions, and implicit bias in the classroom and education, as well as the utilization of data to provide equitable education.
- Benefit:** Increased educators' awareness of the impact of race on education outcomes and provided the tools to address equity in schools.

CHILD AND FAMILY SERVICES AGENCY (CFSA)

- Problem:** Child and Family Services Agency needed behavior modification intervention services for children and youth in foster care.
- Solution:** Provided short-term evidenced based trauma focused behavior intervention services to children with significant mental health disorders such as post traumatic stress disorder, depression, anxiety, ADHD, and autism, as well as significant trauma including physical and sexual abuse, and neglect. Also, provided parent coaching and training.
- Benefit:** Increased prosocial behaviors while reducing maladaptive behaviors in children and youth. Reduced placement changes for children and youth through increased parental engagement and interaction.

DISTRICT OF COLUMBIA PUBLIC CHARTER SCHOOLS

- Problem:** District of Columbia Public Charter Schools needed counseling services for public schools students placed in private schools receiving Federal Funding for mental health services.
- Solution:** Provided weekly individual and group counseling, and case management services for DCPS students receiving federal funds in private schools. Additionally, provided parental engagement and support, as well as professional development for teachers and administrators.
- Benefit:** Improved mental health and wellness of students.

Current and Past Performances

- » Baltimore County City School
- » CityBridge
- » Community Family Life Services
- » District of Columbia Child and Family Services Agency
- » District of Columbia Department of Behavioral Health
- » District of Columbia Department of Disability Services
- » District of Columbia Public Schools
- » District of Columbia Public Charter School (*Not exhaustive*)
 - Achievement Preparatory
 - AppleTree
 - Bridges
 - DC Bilingual
 - E.L. Hayes
 - E.W. Stokes
 - Excel
 - Friendship
 - Goodwill Excel
 - Howard University Middle School
 - Imagine-Hope
 - KIPP – DC
 - LAMB
 - Maya Angelou
 - National Collegiate Prep
 - Social Justice
 - St. John's
 - Thurgood Marshall Academy
 - Two Rivers
 - Washington Leadership Academy
- » Jewish Renaissance Medical Clinic
- » Lighthouse
- » Office of the State Superintendent of Education OSSE
- » Prince George's County Family Justice Center

For more information, contact:



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