



The MECCA Group, LLC.

Rediscover
the joy of life.
Live Fully!

Behavioral and Rehabilitative Health Services
for children, families, schools, and organizations
in the Washington metropolitan area.

Life can be stressful.
Teaching can be hard.
Keeping parents engaged can be difficult.
Administration can be demanding.
Managing staff can be challenging.

We get it. You need support to maintain a safe, cooperative and engaging learning environment for students to grow, parents to invest, and staff to devote their efforts so all can Live Fully.

The MECCA Group LLC provides client-focused and culturally relevant psychological, therapeutic and rehabilitative health services for individuals, families and schools in the Washington, DC area. From counseling and evaluations, to consultation and program development, The MECCA Group's diverse and multi-ethnic team of professionals can help you live life fully.



About The MECCA Group

Our mission to improve the emotional well-being of children and families by providing client-focused and culturally-relevant psychological, therapeutic and rehabilitative services.

Founded in 2006, The MECCA Group is comprised of a clinically and culturally diverse team of professionals who provide comprehensive psychological,

rehabilitative and educational services for children, adolescents, young adults, and their support systems in the Washington, DC Metropolitan area. Our dedicated team consists of psychologists, social workers, counselors, behavior analysts, speech-language pathologists, occupational therapists, vocational specialists, and special educators. All professional team

members have extensive knowledge and experience in providing evidence-based practices as well as comprehensive holistic care to help all clients reach their highest potential and to *Live Fully*. The partners of The MECCA Group are Mercedes E. Ebanks, PhD and Keisha L. Mack, PhD.

FOR STUDENTS

Children have many of the same mental health needs as adults, including anxiety and depression. Behavioral issues are often a symptom of a larger underlying problem.

We provide services for children and adolescents around a wide range of issues including:

- » Social skills development
- » Learning disabilities
- » Anger management
- » Anxiety
- » Depression
- » Communication difficulties
- » Conflict resolution and bullying
- » Noncompliance
- » Autism and behavior management
- » Oppositional defiant and conduct disorders
- » Separation anxiety and parent abandonment
- » School-related stress and anxiety
- » Sexual orientation and identity
- » Social phobia
- » Trauma, abuse and neglect
- » Therapy
 - Individual
 - Group
 - Play
 - Applied behavior analysis
 - Speech-Language
 - Occupational
- » Evaluations
 - Admissions
 - Developmental
 - Cognitive
 - Educational

- Attention
- Clinical/ Personality
- Psychoeducational
- Neuropsychological
- Functional behavioral assessments
- Vocational
- Speech-Language
- Occupational Therapy

FOR STAFF

We offer our expertise to schools to address a range of needs, such as:

- » Special Education and Related Services
 - Behavior support
 - Psychoeducational testing and assessment
 - Speech language therapy and assessment
 - Occupational therapy and assessment
- » Compensatory
 - Tutoring
 - Counseling
- » Consultation
 - Program design and evaluation
- » Workshops/Professional Development
 - Conflict resolution
 - Diversity Equity and Inclusion (DEI)
 - Improving workplace culture
 - Preventing teacher burnout
 - Workplace stress management
 - Parent engagement training



WHAT WE OFFER

At MECCA, our services are vast. We provide counseling services for individuals, couples, adults, children and families, as well as assessment, educational and consulting services for organizations. With a highly personalized approach, we tailor our services to meet your needs and help you reach your goals to live life fully.



Need help? Start with MECCA.

Say “hello” to a better school community with school-based behavioral and rehabilitative health services and professional development from The MECCA Group, LCC.



The MECCA Group, LLC.

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