

The MECCA Group, LLC  
1050 17<sup>th</sup> Street, NW, Suite 800  
Washington, DC 20006  
202-529-3117

## Request/Authorization to Release Confidential Records and Information

I hereby authorize:

Person or facility: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

to release information from records about \_\_\_\_\_, born on \_\_\_\_\_,  
and whose Social Security number is \_\_\_\_\_, for the following purpose(s):

- Further mental health evaluation, treatment, or care     Rehabilitation program development or services  
 Treatment planning     Research     Other: \_\_\_\_\_

These records concern the time between \_\_\_\_\_ and \_\_\_\_\_.

The information to be disclosed is marked by an in the boxes below, and the items not to be released have a line drawn through them. Page numbers are indicated when appropriate. Written dates indicate when those records were mailed to the requester.

- Intake and discharge summaries     Medical history and evaluation(s)  
 Mental health evaluations     Developmental and/or social history     Educational records  
 Progress notes, and treatment or closing summary     Other: \_\_\_\_\_

Select only one:

- Please forward the records to the address in the letterhead at the top of this form.  
 Please forward the records to the address written above.

HIV-related information and drug and alcohol information contained in these records will be released under this consent unless indicated here:  Do not release.

I have had explained to me and fully understand this request/authorization to release records and information, including the nature of the records, their contents, and the consequences and implications of their release. This request is entirely voluntary on my part. I understand that I may take back this consent at any time within 90 days, except to the extent that action based on this consent has already been taken. This consent will expire automatically after 90 days from the date on which it is signed, or upon fulfillment of the purposes stated above.

_____ Signature of client	_____ Printed name	_____ Date	
_____ Signature of parent/ guardian/representative	_____ Printed name	_____ Relationship	_____ Date

I witnessed that the person understood the nature of this request/authorization and freely gave his or her consent, but was physically unable to provide a signature.

_____ Signature of witness	_____ Printed name	_____ Date
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- Copy for patient or parent/guardian     Copy for source of records     Copy for recipient of records